

The Perfect Derma Peel Treatment

Before



After



The Perfect Derma Peel: Unveiling Radiant Skin

Welcome to our comprehensive guide on the Perfect Derma Peel, a revolutionary medical-grade chemical peel designed to transform your skin. This advanced treatment improves skin tone, texture, and clarity, suitable for all skin types. As the only peel containing Glutathione, a powerful antioxidant, it offers unique anti-aging benefits. Join us as we explore the science, benefits, and care associated with this groundbreaking skincare solution.

Understanding the Perfect Derma Peel

What is it?

The Perfect Derma Peel is a medium-depth chemical peel that exfoliates the outer layers of skin, revealing fresher, healthier skin underneath. It effectively improves fine lines, wrinkles, hyperpigmentation, acne scars, and overall skin tone.

How it Works

The peel uses a blend of powerful acids and antioxidants to dissolve bonds between dead skin cells, accelerate cell turnover, stimulate collagen production, and provide antioxidant protection. This process results in firmer, smoother, and more radiant skin.



Key Ingredients and Their Benefits



TCA (15%)

Exfoliates the skin's surface and penetrates deeper layers, reducing fine lines, wrinkles, and pigmentation.



Retinoic Acid (1%)

Increases cell turnover, reduces acne scars, and smooths texture.



Glutathione

The star ingredient! A powerful antioxidant that lightens pigmentation, evens skin tone, and fights oxidative damage.



What Makes the Perfect Derma Peel Unique?

1

Only Peel with Glutathione

It's the only chemical peel that contains Glutathione, known for its powerful skin-brightening and anti-aging properties.

2

Safe for All Skin Types

Unlike many chemical peels, it's safe and effective for all Fitzpatrick skin types (I-VI), including darker skin tones prone to hyperpigmentation.

3

No Pre-Peel Preparation

Unlike some other medium-depth peels, no pre-treatment regimen is needed.

4

Minimal Discomfort

Contains Phenol, which acts as a numbing agent, making the peel process more comfortable for clients.

Benefits of the Perfect Derma Peel

Brightens and Evens Skin Tone

Effectively treats hyperpigmentation, melasma, and sun damage.

Anti-Aging Powerhouse

Glutathione reverses oxidative damage, preventing future signs of aging.



Reduces Fine Lines and Wrinkles

Stimulates collagen and elastin production, improving skin elasticity.

Smooths Texture

Exfoliates dead skin cells, leaving the skin smooth and soft.

Clears Acne and Reduces Scars

Salicylic acid penetrates pores, reducing acne, blackheads, and post-inflammatory hyperpigmentation.



What to Expect: Procedure and Downtime



How Long Do Results Last?



Immediate results are noticeable within 7-10 days, with improvements in brightness, texture, and overall skin tone. For optimal and lasting results, a series of treatments is recommended, followed by regular maintenance sessions.

Safety, Side Effects, and Contraindications

Side Effects (Temporary and Mild)

- Redness, dryness, and tightness during the peeling process
- Mild itching or tingling sensation as the skin exfoliates
- Temporary hyperpigmentation in darker skin tones (rare and typically resolves)

Complications (Rare)

- Infection: If post-care instructions are not followed
- Prolonged redness or sensitivity: Usually resolves with time and proper skincare
- Post-inflammatory hyperpigmentation: More common in darker skin types if sun protection is not used

Contraindications

- Pregnancy or breastfeeding
- Active cold sores or herpes simplex virus
- Recent use of Accutane (within the last 6 months)
- Active eczema, psoriasis, or rosacea





Pre and Post-Care Instructions

1

Pre-Treatment

Discontinue retinoids, AHAs, BHAs, and exfoliants 5-7 days before the peel. Avoid sun exposure and tanning 1 week before treatment. No waxing, laser treatments, or other chemical peels 1 week prior.

2

Post-Treatment (Day 1-7)

Use the provided Post-Peel Towelette as directed. Apply the Perfect Derma Moisturizer with 1% Hydrocortisone to reduce itching and irritation. Use a gentle cleanser, moisturizer, and broad-spectrum SPF 30+ sunscreen.

3

Dos and Don'ts

Do not pick or peel the skin. Avoid sun exposure, exercise, sweating, hot showers, and makeup until peeling is complete. No active ingredients like retinoids, AHAs, or BHAs for 2 weeks post-peel.

Pricing

Service Name	Regular	ILML starter	Starter Mastery	Elite Saving
Chemical Peel	\$399	\$319	\$279.30	\$239

A Personal Thank You from Me & My Team

To my incredible clients,

Thank you for trusting **me and my team** with your skin, your confidence, and your journey to feeling your best. Every time you walk through our doors, you're not just a client—you're part of something I've built with passion, integrity, and a deep love for what I do.

I promise to always be honest, to guide you with care, and to deliver results that you'll love—not just today, but for years to come. My team and I are here for you, every step of the way.

With all my gratitude,

Sapana Dhakal

Founder, **ILML Aesthetics**